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Thursday, July 23, 2015



Safe in their hands? Former Liberal Democrat leader Nick Clegg, Prime Minister David Cameron and Kingston and Surbiton MP James Berry all pledged their support for Kingston Hospital

HOSPITAL FACES DEFICIT CRISIS

Investigation launched into Kingston Hospital finances

REPORTER
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The health regulator has opened an investigation into excessive accident and emergency waiting times and a multi-million-pound financial deficit at Kingston Hospital.

Money troubles could risk the hospital's sustainability, Monitor warned.

The regulator said it was concerned "because some patients are waiting too long for A&E treatment and the trust is predicting a £8.8m deficit for this financial year".

The number of people seen within the national four-hour waiting time target for A&E departments has been slipping since October last year, Monitor said.

It added: "The scale of the deterioration in Kingston's financial

position may force the trust to apply for additional funding."

The foundation trust's finances have been in trouble since at least the beginning of this year.

When then-Liberal Democrat leader Nick Clegg visited ahead of the general election, chief executive Kate Grimes said her team was "struggling" to pare back what she called an already highly-efficient service.

A number of departments, including maternity, were "significantly under-funded", she added.

Mr Clegg said his party "struck the right balance" on health funding, while Prime Minister David Cameron, during a later visit in Tolworth, promised for the second time that the hospital would be safe under his Government.

He added: "We're investing in this hospital, it's got an excellent set of services."

Mark Turner, Monitor regional director, said: "Some patients of

Kingston's have been waiting too long to be seen in A&E.

"This situation needs to improve. Kingston also seems to be experiencing some financial challenges which may risk its long-term sustainability."

A hospital spokeswoman said: "Kingston Hospital has managed its finances very well for many years and we have some of the best clinical outcomes in the country."

"But, in line with the rest of the NHS, the amount we are paid for each patient is reducing and we have also absorbed some costs that were previously paid for nationally."

"The trust takes extremely seriously the need to ensure patients are seen and treated within the four-hour A&E target."

"Our performance has started to improve. We have implemented a transformation programme."

Kingston and Surbiton MP James Berry said: "The hospital

being in deficit isn't a cause for massive alarm, because it's not affecting front-line services.

"I'm sure the Monitor process will help."

"We are investing £10bn in the NHS. If the Government is providing exactly the funding the NHS has asked for, NHS hospitals and foundation trusts that control their own budgets shouldn't be running deficits."

"If there was any threat to Kingston Hospital then both Zac Goldsmith and I would be the first people on the barricade."

"There's no suggestion whatsoever of any threat. It's not about the future of Kingston Hospital in terms of closure."

"We, as a community, need to get behind the very dedicated and hard-working staff."

"I see the really great work they do."

"This is going to be a knock to their morale."

Inside

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► Frank Turner does
New Slang at
Hippodrome



A good night for the Lib Dems

REPORTER

RACHAEL BURFORD

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The Liberal Democrats won the Grove ward byelection last Thursday with their largest ever margin of the vote.

Jon Tolley defeated his closest rival, Conservative Jenny Lewington, by 889 votes in the byelection caused by the death of veteran Liberal Democrat Councillor Chrissie Hitchcock.

The turnout was 34.69 per cent, which is the average for a council byelection, but significantly less than the 65.79 per cent of people who

voted at the polls back in May on the same day as the general election.

The new Lib Dem councillor, who stood as an independent in the May election, said: "It has been a long election campaign and so many people have been involved. I owe so many people my thanks."

Coun Tolley owns Banquet Records in Kingston and puts on club night New Slang as well as many other music events.

When asked how he would juggle his late night work commitments and council meetings he said: "I know what I am letting myself in for."

"The whole reason for running is to make Kingston better than it currently is."

Lib Dem leader Councillor Liz Green said: "We are all so proud of Jon and he will make a great addition to Kingston Council."

UKIP candidate John Anderson said before the count had started



Liberal Democrat victory: The election count at Guildhall; Jon Tolley, left

that he expected a Tory loss.

He said: "The Tories will continue to lose these byelections until they face down the developers."

"Congratulations to Jon Tolley but he too must accept that over-development started years ago under the

Lib Dems."

Labour's Laurie South walked away with 223 votes while Green candidate Clare Keogh got 88.

Mrs Lewington left the count before the Kingston Guardian could speak to her.

VOTES IN FULL

John Anderson (UKIP):	58
Clare Keogh (Green):	88
Jenny Lewington (Cons):	688
Laurie South (Labour):	223
Jon Tolley (Lib Dem):	1,577

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Sweeping changes to democratic process

Controversial plans to reduce the role of neighbourhood committees in decision-making have been approved by Kingston Council, amid claims that they were "undemocratic" and "arrogant".

The sweeping changes to Kingston's democratic process, drawn up by council leader Councillor Kevin Davis, right, were passed at last week's full council meeting at Guildhall.

Coun Davis argued that the authority, in its current form, was "not good enough" when he spoke to support the Conservatives' Renewing Kingston's Democracy motion during the four-hour meeting.

The motion laid out plans to reduce the number of neighbourhood committee meetings and called for a minimum of 10 objections before a planning application of under 10 units could be publicly discussed.

Coun Davis said: "The level of engagement at full council at the moment just isn't good enough. It has been quite common to have constitutional changes without public consultation; in fact it has been the norm at this council to do so."

"Most of our 165,000 residents will not engage with this

[council] paper on any level. This has been discussed since the last election. We visited neighbourhoods and some of them do good things and some of them are not so good."

A new system of public forums and other meetings would give residents roughly double the number of opportunities to quiz councillors on decision making, Coun Davis claimed.

He added: "We have to get the whole council used again to the idea of taking decisions."

Turning around anything within a local authority is not something that happens overnight. What we're doing is a work in progress."

Former Conservative Councillor Lynne Finnerty, right, suggested the plans should be deferred so that people could be more widely consulted.

She said: "Residents have not been given the opportunity to give their views on these very important constitutional changes."

"If the council intends to listen and engage better with residents then these proposals are an excellent starting point."

"But we request that these fundamental points at

the very least be deferred to neighbourhood or strategic committees."

"The public voice must be allowed to permeate the council ear."

Liberal Democrat opposition leader Liz Green, bottom left, also said the proposal should be deferred and suggested an amendment to the motion that was seconded by Labour leader Coun Linsey Cottingham.

It read in part: "Entitled Putting the Resident into Power, ironically none of the proposals have been subjected to any public consultation."

"The report is in places arrogant, undemocratic and has been written with political bias."

She argued that the number of people who had turned up at the start of the meeting showed residents did want to engage, and added: "It is a shame this is coming up at 10.30pm when most people have gone home."

She said: "What this amendment seeks to do is to delay these plans to improve them so the whole council, along with residents, can communicate to have the best structures possible."

"To have what you are after, Kevin, engagement with residents."

The amendment was voted down by the Conservatives and the original motion passed with 23 votes for, zero against and 19 abstentions.



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Festival is 'party with a purpose'

REPORTER

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This month Kingston will be experiencing a "completely unique" festival.

Comedy troupes, dance acts, actors and singers from Korea will all be descending on the borough for Kingston Welcomes Korea.

The festival will celebrate the 10 per cent of the borough's population who hail from both South and North Korea.

John Elsom, the Rose Theatre's director of international festival seasons, is the man behind the event.

Elsom has been decorated by the Romanian president and Chinese government for his work in the arts. He was also involved in the Notting Hill Carnival during the 1970s.

He has worked as a theatre critic, arts correspondent for the BBC and as a talent scout for Paramount Pictures.

From his home in New

Malden he realised that Kingston was missing a celebration of the community that make up so much of the borough's culture.

Elsom said: "This type of festival is completely unique.

"To have people of such stature and prestige coming over from Korea is very special. It will really celebrate the civilisation of Korea from which we in Kingston have benefitted so much – its technology, its flair and its artistry."

Elsom has always worked to bring cultures together through the arts and says he got the idea for Kingston Welcomes Korea from living in New Malden.

He said: "My neighbours on both sides are Korean families and apart from exchanging lawn mowers and pleasantries occasionally we never really engage."

"We do not know about each other's cultural differences, about the music, art and

literature that is so important to everyone's life.

"This festival brings the diverse and exciting Korean arts world to Kingston."

The festival is billed as a "party with a purpose" combining an arts festival with a trade fair that will span the whole of the town.

Seoul-based dance and comedy teams, Anglo-Korean concerts and exhibitions from the new generation of Korean artists will be just some of the events on offer.

Elsom hopes that this will be the first in a series of annual festivals that celebrate the culture of different nations.

"If Kingston Welcomes Korea is successful, then next year we would like to do Kingston Welcomes Eastern Europe, maybe."

"When I was working on and around Notting Hill carnival, there was a vibe from the white community that suggested black culture was in

some way dangerous.

"We needed to show that it was not. We needed to show that black culture was fun, it was vibrant and it was sexy."

"The cultural prejudices that existed then do not exist in the same way today, but it is important to engage with cultures from many parts of the world whose outlooks may be different from our own."

"This is something else that makes our festival unusual."

"There are many festivals where you can see a Polish theatre company, an exhibition from France and a jazz band from Ukraine, but this can feel a bit haphazard."

"We want to engage with another civilisation and Koreans make up so much of our population here."

"The nation is a similar size to our own, but has a completely different outlook."

Kingston Welcomes Korea Festival runs from Wednesday, July 29, until Saturday, August 8. For more details visit kingstonwelcomeskorea.org.

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And now in Korean: A translation of our news story, above

For the fans: In Nam Soon; YMAP's Alice in Wonderland, top



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Man dies before wife murder trial

CONTENT EDITOR
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A man accused of brutally killing his wife with knives and a hammer has become the latest inmate to die inside Wandsworth prison.

Raymond Mills, 66, died on June 8 while waiting to stand trial for the murder of his wife Linda at the couple's home in New Malden in February this year.

His death only came to light after the Kingston Guardian's sister paper, the Wimbledon Guardian, pressed a Metropolitan Police spokesman over why at least three previous court hearings had been delayed.

Even Isleworth Crown Court was unaware of Mr Mills' death, and had him listed to appear in court on Tuesday last week.

He had been wheeled out of his house by paramedics with blood on his head after his wife Linda Mills was found dead at their home in Stanley Avenue on February 9.

A neighbour, who did not

want to be named, said: "The news about Raymond Mills' death really shocked me."

"I am sure our community would have wanted to learn the outcome of his trial and see justice done on the death of Linda Mills – all this seems to hang in the air now and may remain a mystery forever, which also means that there is no proper closure to this awful crime."

Mr Mills was described by the neighbour as a reclusive man who was quick to call the council if anyone dared park within an inch of his driveway.

In 2008, Mr Mills featured in the Wimbledon Guardian to complain about mental health treatment he was receiving.

He said at the time he felt "betrayed" at having to wait 14 years for group therapy after being told his treatment in Kingston could not be continued because he lived 10ft from the borough's boundary with Merton.

He also spoke of abuse he had suffered as a child.

A spokeswoman for South West London and St George's Mental Health NHS Trust said: "We extend

our deepest sympathies to the friends and family of Mr Mills at this distressing time."

"Several years ago Mr Mills complained to the trust about his problems accessing our services in the past."

"This was addressed through the trust complaints procedure and Mr Mills was able to access the services he required in 2008."

The news of Mr Mills' death comes four days after coroner Dr Fiona Wilcox called for a formal investigation into the number of deaths at Wandsworth prison in the past year.

During a pre-inquest hearing into the suicides of two men at Wandsworth prison – including Chessington rapist Robert Richards – she said the inquest could not go on because of various "themes and common issues" of deaths at the UK's largest prison.

Eleven men died at the category B prison last year – which she said was three times more than would be expected at a prison.

It is not clear whether she



Mystery: The house where Raymond Mills, below, lived with his wife

Deadlinepix W189918



knew about Mr Mills and whether his death was included in that figure.

The Ministry of Justice has yet to comment on how Mr Mills died in prison.

An inquest into his death has been opened at Westminster Coroner's Court. The case is due to be reviewed by a coroner on December 7.

Teen 'hit-and-run'

A teenager has been arrested in connection with an alleged hit-and-run inside Kingston University's car park that left a security guard injured and in need of hospital treatment.

Police officers, patrol dogs and the police helicopter were called out to search around the Penrhyn Road campus after the 44-year-old security guard was hit by a car on Friday, July 10.

It is believed he was trying to diffuse an argument about an accident before a blue Ford Focus allegedly drove into him, throwing him off the bonnet and crashing into another car before speeding off.

A 19-year-old man from Surbiton has been arrested on suspicion of causing grievous bodily harm, dangerous driving and failing to stop. He has been bailed until September while police make enquiries.

Officers are also appealing for information to find a woman who was in the car. She was of Asian appearance with long dark hair and was wearing sunglasses.

Detective Sergeant Lee Tullett, from Kingston CID, said: "We would like to speak to the passenger who was in the blue Ford Focus, registration number X238 ONO, on the afternoon of Friday, July 10."

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500 new jobs in Lidl move

REPORTER

JON SHARMAN

jon.sharman@london.newsquest.co.uk



Cut-price supermarket chain Lidl has agreed a £10m deal with Kingston Council to move its UK headquarters to Tolworth and its chief executive has promised "new jobs for local people".

The agreement will see the construction of a new 220,000sq ft office building in Jubilee Way, currently the home of motorbike training centre Jubilee Way Motorcycle Project.

Kingston Council said 500 jobs would be brought to the borough.

Subject to planning permission, Lidl will pay £2.1m per acre for a thousand-year lease on the 4.8-acre site.

Kingston Council leader Kevin Davis said: "This is excellent news for our borough."

"We are delighted to have agreed a deal with Lidl for a plot of council-owned land in a prime location that is currently being under-utilised."

"Having them headquartered in our borough will provide a huge boost to the local economy and employment market."

"It also sends out a clear message that the borough of



Bad news for some: Anne and Vic Allan, who run the Jubilee Way Motorcycle Project, have been told their lease will not be renewed now Lidl is moving on to the site

Kingston is a good place to do business."

But Anne Allan, who runs the Jubilee Way Motorcycle Project with husband Vic, said she only found out about the plans on July 15.

Mrs Allan said: "We have been here for 14 years - there's going to be an uproar. It has knocked us for six."

The Jubilee Way scrambling track's operators pay Kingston Council £800-a-year for use of the site.

The authority said it would provide assistance to the motorcycle club in finding suitable alternative accommo-

dation within the borough "if possible".

Ingo Fischer, Lidl's property director, said: "The extra office space will ensure room for further development within our head office departments and will provide top-of-the-range amenities, along with excellent training and conference facilities."

The chain's UK chief executive, Ronny Gottschlich, said: "We are firmly committed to helping boost the British economy by sourcing from the UK and continuing to create new jobs for local people."

Although the company did not confirm how many jobs would be created, it said the

building's 750-person capacity would allow "continued growth in the future".

Part of the Jubilee Way site had been earmarked for the relocation of Arrow Plastics, one of the borough's biggest employers, based in Hampton Road, Kingston.

That deal will no longer go through.

Councillors agreed in March to open up the land because Arrow Plastics had no room to expand in its current location.

In return, the council and the Education Funding Agency were to have first refusal on Arrow's Hampden Road plot as the possible site for a new school.

A council spokesman said: "No legally binding contract was entered into between Arrow Plastics and the council. The council has held fruitful discussions with Arrow Plastics and is actively helping them to identify alternative suitable locations in the borough to support this valued local business with its growth plans."

"The council is legally obliged to obtain the best possible price for any land it owns."

"The price that had been negotiated with Arrow Plastics was substantially below what has now been agreed with Lidl, and Lidl wanted the whole five-acre site, rather than just a small portion of it."

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Home is where the heart is

A great number of people moving into Care Homes are doing so because they do not realise that staying at home is a realistic alternative.

Care provided at home can be as simple as someone coming in to cook and clean, it can involve helping the person to get in and out of bed assisting with washing and dressing.

If the person needing care does require a more permanent and tailored arrangement, Live in Care could provide the ideal solution.

Live in Care is a service that provides support and assistance by a carer living with the person needing care on an on-going basis in their home. As the term "Live In" suggests, the carer lives in the house, so they will need their own room.

Receiving any type of care at home offers quality, personal, one to one care in the comfort of the persons own home, bringing peace of mind to all concerned, knowing that the disruption of moving away from familiar surroundings has been avoided, without compromising the level of care and support received.

To take advantage of an experienced discussion, free assessment and an outline of all available services.

Some of the reasons that care at home works well:

- People value their independence and want to stay at home.
- People want to be surrounded by the comfort and familiarity of their own home.
- The family wishes the freedom to visit and call whenever they want to.
- People want to select and know the person caring for them.
- Many people wish to stay with their pets.
- The care provided changes with the needs.
- The costs are comparable with many care homes.

When considering care at home there are a number of things to ensure when choosing a provider:

- Caremark Kingston are fully registered with the Care Quality Commission (CQC) and their latest inspection report can be made available or is also featured on their website.
- Caremark take all employment responsibilities including revenue and training.
- Continuity is important with the client having the same carer on a regular basis.



www.caremarkkingston.co.uk

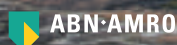
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ONLINE OPINION

Comment on stories at kingstonguardian.co.uk

Lidl HQ to move to Tolworth

Maybe now TfL will extend the protected cycle track underneath the railway bridge and connect it up with the Greenway? I won't hold my breath though. No doubt Lidl will want a huge car park for their employees and visitors.

STEVEC1964

Traffic concerns aside, this is good news. Tolworth Tower will be all but empty within a few weeks, so anything that can be done to bring more people into Tolworth will be good.

LE ORSE NOIR

Congestion on one of the most already congested and polluted local locations will be a concern.

SURBONYMOUS

Lib Dem byelection victory

Congratulations Jon. I must admit, I am a little disappointed by the turnout. I realise it is in line with the average for this type of election, but I thought more people might have made the effort this time to send a stronger message still about the spectre of over-development in Kingston.

DB SAYS



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If we cannot reach a resolution between us then you can contact IPSO by email at complaints@ipso.co.uk or by post at IPSO, c/o Halton House, 20-23 Holborn, London EC1N 2JD.

If complaining about third party comments on our website articles, you should use the "report this post" function online next to the comment.

Re-zoning costly – but needed

As a result of Labour's introduction of zonal pricing for London train services in 2006-07, commuters using Kingston and Surbiton stations experienced a whopping 35 per cent increase in fares.

This was due to the decision to place the constituency in zone 6.

As I said in my maiden speech in Parliament in June, logic and fairness dictate that Kingston and Surbiton should be in zone 5.

Commuters from Kingston and Surbiton deserve better.

Re-zoning Kingston and Surbiton train stations, so that they lie in zone 5, would save rail commuters an estimated £6m a year.

This would mean peak time commuters will be saving more than £200 a year.

That is a significant amount for commuters, when we already pay high fares, often only to stand on a packed train.

My predecessor, Edward Davey, campaigned for Kingston and Surbiton for eight years.

In the run-up to the election,

that campaign became rather politicised and it should not be forgotten that the campaign is a local one that attracted cross-party support from Zac Goldsmith MP, our GLA (Greater London Authority) London Assembly member Tony Arbour and local councillors from all parties in Kingston.

Despite this consensus, there are two roadblocks in the way of re-zoning.

First, it would be costly at a time when the Government is having to reduce public expenditure to strengthen our economy.

Second, there are other re-zoning campaigns in London and there is a concern that acceding to one of those campaigns will set an expensive precedent.

I will not be deterred by either of those objections, and will be campaigning actively for re-zoning.

The next two years will be crucial in that campaign because of a recent announcement by the Department for Transport (DfT).

Until recently, South West Trains' franchise for our local rail services was set to continue until 2019 under a "direct award" from the DfT.

The DfT has recently decided that the franchise will now be put out to tender in 2017, meaning that any operator can compete to run our train service.

That announcement will be cheered by many local commuters, who are fed up with South West Trains.

But it also presents an opportunity for the cost of re-zoning either to be built into the next franchise or to be footed by the Government before the franchise is put out to tender.

So the tender for our rail services in 2017 will be a key point of departure in the campaign to re-zone Kingston and Surbiton stations.

Although re-zoning is one of my top priorities, it is only one improvement to our vital rail services I am pushing for.

It is high time that the

worrying overcrowding at Surbiton station and on our trains is addressed and that our stations are brought into the 21st century with proper disabled access.

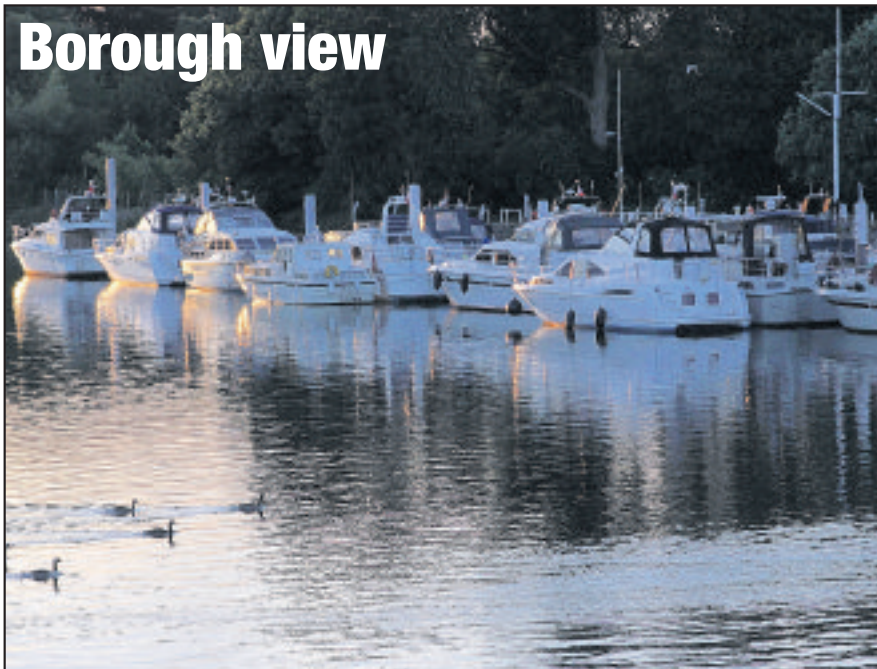
We also need to secure stops on the Crossrail 2 line, which is likely to be the only major rail infrastructure investment in south-west London for many years and the only way overcrowding will be significantly reduced.

These are all matters I am calling for action on, but I would very much welcome your feedback on our rail services and what you think I should be pushing for in the run-up to the tender process.

Please email your feedback to james.berry.mp@parliament.uk or write to me at the House of Commons, London SW1A 0AA – which is my temporary address until I find a suitable constituency office.

JAMES BERRY
 MP for Kingston and Surbiton

Borough view



Sue Buller, from Kingston Camera Club, snapped this atmospheric shot from Hampton Court Bridge. To see your photo featured in Borough View, email it with details of where you took it to jon.sharman@london.newsquest.co.uk.

Little time for cyclists

As a resident of Surrey, I do not remember being asked by Prudential if I minded having some 95,000 head-down-bum-up maniacs dashing around Surrey roads over a weekend, causing massive disruption, and all presumably to give valuable advertising to a private company?

Worse, they will not be bothering to look where they are going, since they presume themselves to be kings or queens of the road, and woe betide any children, old people, pedestrians, proper cyclists and similar forms of low life who get in their way.

No doubt the herd will simply ride over them.

Yes, I am not keen on cyclists. I accept they are not all totally inconsiderate to everybody else, but having been nearly knocked flying on two occasions recently on my local zebra crossing by one of those who thinks a red light does not apply to them, have little time for the breed.

If possible, I will vacate Surrey for the weekend.

NORMAN WHIGG
 West Molesey

Meeting for political point scoring

My colleagues and I took a break from canvassing on July 14 to attend the council meeting at which Kevin Davis' paper on neighbourhood committees was to be discussed.

The key issue in the paper was public engagement and there are many aspects of it that I wanted to hear more about, but, after two hours, I gave up and went home, before the item came up on the agenda.

Much of that two hours had been occupied by fruitless and, at times, quite vitriolic point-scoring between the two largest parties in the council, despite a reminder at the beginning of the meeting that we were in the run-up to a byelection, and a plea by the leader of the council not to engage in point-scoring (although his party was

equally guilty).

There was some useful information, such as the over-supply of school places in some areas, but discussion of this was obliterated by a Conservative rebuttal that it is OK because that gives choice.

Yes, but at what extra cost when budgets are squeezed? And does it threaten the viability of any school?

As a retired university professor, I am well accustomed to committee meetings and people who rather like the sound of their own voice, and as a Labour activist I am interested in what happens.

So I am at the more engaged end of the spectrum, but still found that my patience ran out.

LIZ MEERABEAU
 New Malden

Choir highlight of fortnight

New Malden is becoming as famous for its Gilbert and Sullivan shows as it is for Korean cuisine.

The Malden Community Choir's productions are always a highlight of Malden Fortnight.

This year's show, Ruddigore, is splendid fun, and has charmingly beautiful songs.

The Gilbert and Sullivan world of fantasy and melody, dressing up and dance, is the perfect antidote to the gloom of the television news.

Choir members get the chance to perform alongside our talented visiting soloists.

Our conductor Celia Cviic combines high musical standards with unfailing humour and patience.

Choir membership is not yet available on the NHS, but anyone who enjoyed Ruddigore and is tempted to join [us] should enquire at the Malden Centre.

MARTIN POWER
 New Malden

TWEETS of the WEEK



Alexander Buck
 @apbuck91:
 3 buses, 1 train, 3 tubes & 2 1/2 hours later arrived at work! #railchaos #frustrated #tpic @SW_Trains #surbiton

Toby Ferris
 @AnatomyNorbiton:
 Walked today from Hampton Court to Norbiton. Just like Cardinal Wolsey often did, I should think.

ADVERTISEMENT FEATURE

FABULOUS FELINES: your cat is amazing... at masking changes!

A feline focus on mobility

Have you ever had any concerns about changes in your cat's mobility? If your cat is getting older, you may have recently started to think about their mobility. However, unless your cat has injured itself, the chances are, this is probably something which won't have even crossed your mind. Why is this? Do cats just not get many mobility concerns? Do they not need support for their joints as most other species do? The answer is of course they do, especially when they get older. However cats are unique in the way that they can hide changes to their mobility.

So what does this mean for us, as cat owners? When we think of our pet's mobility changing, lameness and limping (whilst possible), are absolutely not the only concerns we should be looking out for in cats. There are many other, more common, yet subtle signs, that the well-informed owner can be trained to recognise when it comes to supporting their cat's joints. Very often, these signs will present themselves as changes in your cat's behaviour as they adapt their lifestyle to cope with their changing mobility. At ROYAL CANIN® we are committed to helping you to provide the best possible care for your cat, in every aspect of their health and wellbeing, so please do read on to learn more about joint support for your cat.

The ways changes in mobility may present themselves in cats:

- Joint stiffness
- Less likely to jump down from, or jump up onto high surfaces/your lap
- Difficulty going up and down stairs
- Spending more time resting
- Spending less time grooming – so a scruffier coat

- *Personality changes – becoming more withdrawn or grumpier*
- *Having occasional accidents outside of the litter tray (if squatting has become difficult)*
- *Having more difficulty using the cat flap*
- *Spending less time being active*

If you have any concerns or your cat has started showing any of these symptoms, please don't hesitate to discuss them with your vet as soon as possible.

What can I do to support my cat before any changes are obvious?

It is important that you always feed your cat a quality diet, particularly during their growth period, so you can be sure you are doing all you can to nutritionally support your pet's joints. We would recommend those diets that take both the animal's age and its breed (where appropriate) into consideration, so you can be sure that what you are feeding is tailored as best as possible to your cat's needs.

It is also recognised that pets carrying extra weight (if they are overweight or obese) are more likely to develop changes in their mobility. This is a key area in which you, as a proactive pet owner, can really make a huge difference to your cat. It is vital that you always weigh out your pet's food and follow the feeding guidelines appropriately, for your cat's age, size and activity level. Remember, feeding guides are just that – a guide – and they may need to be tailored to make them appropriate for each individual, so you may need to adjust them slightly depending on your vet's advice. Your cat may need a weight loss diet if it is

already carrying too much extra weight and either your vet or your specialist pet food retailer will be able to offer you advice on this, depending on the age of your cat and how much weight they need to lose. Cats which need to lose more than about 10% of their current bodyweight should always do so under a vet's guidance.

Can I support my cat through its diet?

There are many ways in which you can nutritionally support your cat's joints. Always consult your vet in the first instance and take heed of their recommendations. They may recommend medications as well as a change in diet. Diet certainly is an important way in which you can nutritionally support your pet. You can look for diets that take the following features into account:

- Those supplemented with good levels of omega 3 fatty acids such as EPA and DHA
- Those supplemented with nutrients which help to maintain healthy joints
- Those with the appropriate calorie content to maintain your pet at its ideal body weight and body condition

Hopefully you will never need to call upon some of the advice given here but we wish you all the best in doing what is right for your cat. We hope you enjoy many happy, healthy and freely-mobile years ahead together!

Rescue Cat of the Year 2015

Vote for your favourite fabulous feline now

Visit www.royalcanin.co.uk/rescuecat2015

The winning rescue cat will win a selection of ROYAL CANIN® gifts and the rescue centre where the cat was from will win a month's worth of food for up to 50 cats!

Voting closes 7th August

ASK THE VET

ROYAL CANIN® vet Catherine-Mary Howard answers some of your pet health questions.



Q I want to support my pet's joints as best I can. In fact I am thinking about supplementing their diet with essential oils; but I'm not sure what is best to use. What is safe for my pet?

A We would never advise supplementing your pet's diet with anything unless it has been specifically recommended by their veterinary surgeon. Whilst omega 3 fatty acids and other nutrients may help to nutritionally support healthy joints you should always take guidance from a vet before adding anything to your pet's food. This is because supplements (such as those designed for human use) may cause an imbalance in your pet's nutritional status. Some supplements designed for human use, can even cause toxicity in some pets (for example: cod liver oil can cause vitamin A toxicosis in cats, so should always be avoided). Your vet will probably feel that veterinary approved supplements are a better choice. They may even decide that the best course of action would be to feed a complete diet that is nutritionally designed to support the joints, so that nothing else further needs to be added and therefore there is no risk of unbalancing the diet.



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*Terms and conditions apply: The winner will win their rescue centre a month's supply of food to feed a maximum of 50 cats based on 2kg of food per cat per month from the ROYAL CANIN® feline ranges. Maximum of 1 vote per person. Voting closes 7th August 2015. For full terms visit www.royalcanin.co.uk

CHIROPRACTIC: THE CHOICE OF CHAMPIONS

When was the last time you had a **PAIN FREE** round of golf?

British Open Golf Champion Zach Johnson and 2015 sensation Jordan Spieth both credit Chiropractic for success!

The choice of champions

Jordan Spieth didn't just capture the hearts of golf enthusiasts worldwide with his record-setting, wire-to-wire victory at the 79th US Masters Golf Tournament.

The 21-year-old golfing prodigy also endeared himself to chiropractors around the globe by giving his doctor of chiropractic kudos during the traditional Green Jacket Ceremony following the event. Spieth made sure to thank the team "that allow my on-course efforts to come out" – his instructor, his trainer and his personal chiropractor, Dr. Troy Van Biezen.

Newly crowned British Open Golf Champion, Zach Johnson, was lucky enough to have a chiropractor as his father. Receiving his first adjustment at just five days old, Dr. Johnson (DC) said: "Zach has been adjusted pretty much every week throughout life to give him the very best physical health."

Prevention is better than cure

Golfers can experience twisting repetitively 150-500 times per day in the

same direction and at the same angle. They will also walk five miles, five or six times per week regardless of how hot or humid it is, up and down hills.

Low back pain has been identified as the most common injury experienced in golfers. Whilst 80% of injuries amongst professional golfers occur due to overuse, improper swing patterns as a result of physical limitations are the major cause of injury for amateurs.

While the majority of injuries experienced by golfers occur as a result of either overuse or an improper swing, any activity, such as carrying your bag for 18 holes, can increase the risks of experiencing a golfing injury.

Many golfers now see a chiropractor after injury, but some are discovering that seeing a chiropractor before injury is the key to playing round after round without pain.

Whilst 80% of injuries amongst professional golfers occur due to overuse, improper swing patterns as a result of physical limitations are the major cause of injury in the amateur golfing population.



How can ProBack Surbiton help?

As well as using traditional chiropractic techniques, at ProBack Surbiton we use radial shockwave percussion therapy.

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On your second visit, our clinicians will explain the findings to you and suggest a suitable treatment plan.

“

I've been going to chiropractors for as long as I can remember. It's as important to my training as practicing my swing.”

Tiger Woods

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WANT TO BE AN EXTRA?

The Rose Theatre are calling all potential thespians who would like a once-in-a-lifetime opportunity to form a pivotal part in the theatre's most ambitious project yet – The Wars of the Roses.

Director Trevor Nunn is looking to cast a team who will join the company in voluntary, non-speaking roles across the productions in September and October runs.

People are wanted for a French and English army and crowds or townsfolk roles.

The lucky extras will join acclaimed actors such as Joely Richardson (Nip/Tuck, The Girl with the Dragon Tattoo), Robert Sheehan (Channel 4's Misfits) and

Rufus Hound (Doctor Who, National Theatre's One Man Two Guvnors) on stage.

The auditions, on August 3, will focus on movement, energy, teamwork and commitment and participants should prepare a one-minute Shakespeare speech which will be followed by an ensemble exercise.

● **The Wars of the Roses group auditions; Rose Theatre, High Street, Kingston; Monday, August 3, 7pm to 9pm; submit a CV (noting any stage experience where applicable), photo and brief covering letter to naomiw@rosetheatre.kingston.org.**



ROBERT SHEEHAN



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ELLIOT SUTCLIFFE



ROCK CHOIR SUMMER WORKSHOP

● All Saints Church, Market Place, Kingston; August 15, 10am-1pm; £20; visit shop.rockchoir.com or call 01252 714276

ONSONG

If you've ever dreamed of singing and performing in front of sell-out arena crowds, you're not alone.

But sadly the idea of becoming an international rock star remains a distant dream for the large majority of people.

Yet these days, the prospect of appearing onstage in front of thousands of people singing classic rock anthems is not as elusive as it once was.

Since 2005, when musician

Caroline Redman Lusher founded the first Rock Choir, more than 17,000 people have joined up to sign in choirs across the country.

Every year, Rock Choir performances help raise tens of thousands of pounds for charity, and its members also get the opportunity to perform at venues such as the 02, Royal Albert Hall and Wembley Arena.

Now Kingston's own Rock Choir is on the look-out for new members, and is holding

a workshop this summer for people interested in giving it a go.

Kingston Rock Choir leader Elliot Sutcliffe says: "We held a workshop for choir members last summer and it was so much fun that this year we decided to invite members of the public too.

"The workshop is for all ages and abilities, you don't need to read sheet music and we won't ask you to sing on your own.

"But I guarantee that by

the end of the session the sound we make will be amazing. You'll be singing all summer long."

Anyone who attends the workshop should not feel under any pressure to perform in public, Sutcliffe says.

Rather, after a few rehearsals the nerves tend to fade away, replaced with a desire to get out there and start singing.

He says: "We welcome new members and there are lots of great events in the

pipeline for Bromley, Kingston, Richmond, Teddington and Wimbledon Rock Choir.

"But we never put any pressure on people to perform.

"Having said that, once people have gained confidence and learned the songs they usually can't wait to get on stage."

Kingston's half-day summer workshop will be held at All Saints' Church in Kingston on August 15.

Vibe SHORTS

SONG AND DANCE: Kids can enjoy week-long theatre workshops based on Wicked and Cinderella. Youngsters will learn songs and dances from the hit shows and perform for their parents.

● **Summer workshops; Fern Hill Primary School, Richmond Road, Kingston; July 27 to August 31; from £95; visit masqueradearts.com.**

CRACK COMEDY: Want to get a sneak preview of Erich McElroy's Edinburgh Fringe show? Head along to Crack Comedy to see the Seattle native-turned-British citizen take the stage alongside a special guest.

● **Edinburgh preview; the Cricketers, Fairfield South; July 30, 8.30pm; visit www.crackcomedy.com.**



LINKart

See an exhibition of Shakespeare-inspired paintings at the Rose Theatre as artist John Link takes over the theatre's exhibition space.

Link, a former theatre director, is a self-taught painter who has been working full-time in the medium since 2004.

Fan Dame Judi Dench says of his work: "You know immediately which character is being portrayed, and you know there is a story there somewhere. I would fill my house with these paintings if I had the room."

Organisers say: "Link seeks to capture Shakespeare's unique understanding of human nature as well as weaving a sense of story into each painting to show how his characters so often find themselves confronting the dilemma of love, disharmony of discovery and the possibility of redemption."

● **Much Ado About Love; Rose Theatre, High Street, Kingston; during theatre opening times from September 16 to November 21, 10am to 6pm; paintings will be for sale.**

Kingston College

NOW
OPEN

Red carpet roll out for Creative Industries Centre

Kingston College launched its new £10m Creative Industries Centre in style in June with a 'Red Carpet' event attended by TV Presenter and investigative journalist Donal MacIntyre and the Mayor and Mayoress of Kingston.

Kingston College Principal, Peter Mayhew-Smith said: "The students can now benefit from state-of-the-art industry standard facilities including

a TV studio, art and design exhibition space, design studios and multiple music recording rooms. The 'Red Carpet' event is a celebration of the great work our students and staff produce, their commitment to the arts and media in the widest sense."

Donal MacIntyre commented: "This facility is on a par with most broadcasters'; anybody who's studying here is a very lucky student indeed!"

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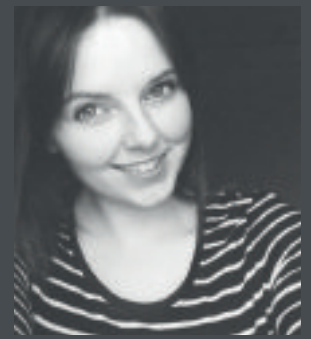
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I could not have asked for a better undergraduate experience and would highly recommend this course to anybody of any age with an interest in pursuing employment within the creative sector. For me, it was the smaller year groups, the wide range of facilities, the enthusiastic lecturers (with their own creative practices), the knowledgeable technicians and the lower tuition fees that made the course stand out above the rest.



Harriet Baggley, FdA/BA (Hons) Art & Design



Design students celebrating graduation at the new Creative Industries Centre.



“

This course has really helped me to broaden my skills, knowledge and understanding. Getting to know about different laws involved in business will be essential for me when I plan to open a catering business of my own.

Isaac Nduhura, HND Business & Finance.

Access your future career with Kingston College

Access student, Helen Duffy recently won the 'Best Learner' Prize awarded by The Committee of South London Principals (COSLP).

Helen picked up the award at a prestigious ceremony held at the House of Lords in May. Helen's academic profile at school was exemplary, but a series of family tragedies meant that Helen had to leave full-time education for a few years.

The Access course introduced Helen back into education and through her hard work she now has a place to read Politics and Philosophy at the London School of Economics. Helen's tutor said that "Helen's challenging journey to achieve her potential is humbling, this award is well deserved. Congratulations Helen!"



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Vibe

WHIP CRACK AWAY!

Starring as the lead in Calamity Jane really is a dream come true for I'd Do Anything winner Jodie Prenger, writes Tom Ambrose.

After coming through Andrew Lloyd Webber's BBC talent show for budding West End stars, the success has been unstoppable for this humble Lancashire lass. Set in the fictional Deadwood City, the classic story is perhaps best known for the 1953 film version starring Doris Day.

Prenger says: "Doris Day is one of my icons and I do not think I have ever played

a real-life character before – the wonderful Martha Jane Cannary, in this case.

"It really is a glorious role and such a great thing to be part of.

"I love the songs and I am a fan of the film, so to be sat there as an eight or nine-year-old you never think you are going to be actually up there doing it one day."

Her love for musical theatre stems from a trip with her grandmother to see 42nd Street and Prenger admits

she feels lucky to be involved in Calamity Jane.

"I have never known audiences like it, they were singing along in Edinburgh, they were dancing in the aisles in Manchester and shouting out," she says.

"We are very lucky. There are so many shows closing left, right and centre, but this has got brilliant music, a really strong cast and, overall, it is just a great show.

"We finish the tour at Richmond and I am sure it will be electric – there is always something special about the last week of a show."

After the tour comes to an end, Prenger will have a few weeks of rest before throwing herself into rehearsals for Annie. Beyond that, she will be reunited with Lloyd Webber for the first time since starring in Oliver! in the West End.

She says: "Can you

believe I am going to be back working with the lord again?"

"[I'd Do Anything] really was the greatest thing, it was so special to be part of it and it gave me everything I always dreamed of."

It will be her first time gracing the Richmond Theatre stage, but

she says she is more than familiar with the town.

"I have never performed there, but I know Richmond

well – I have walked my dogs in the park many, many times," she adds.

It really is a glorious role and such a great thing to be part of



CALAMITY JANE

The **Vibe** interview

JODIE PRENGER

● **Calamity Jane; Richmond Theatre, Little Green, Richmond; August 4 to 8, 7.30pm evenings, 2.30pm matinees; £13.90-£44.90; visit atgtickets.com/richmond-theatre**

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If you are moving house this year and starting to think about all the packing and work that needs to take place, try not to worry about it and get too stressed out.

Here's a list of handy tips and tricks to make your house move go as smoothly as possible:

BAG UP YOUR WARDROBE: The majority of households aren't short on clothes, and each family member usually has enough clothing to fill a wardrobe or two to the brim. The idea of neatly folding away every single item of clothing can seem daunting, but there is an easier way to get around this.

Buy some bin bags that have drawstrings at the top, and while your clothes are still hanging in the cupboard bring the bin bag up and around them and tie tightly at the top. This will keep all your hanging clothes together and mean they are ready to hang in your new wardrobe as soon as you've moved.

USE SOFT DIVIDERS AND PADDING: Packing up your kitchen can be a nightmare, as the majority of things that need to be moved are fragile and can easily be broken. Instead of wrapping up every single plate in newspaper, why not simply buy a pack of paper plates

Top tips for your BIG MOVE

and use them as spacers.

When you pack fragile items into boxes, they can move around and become damaged in transit. Pad the top of the boxes with towels or stuffed toys, as this will keep everything in place and maximise your packing space.

USE YOUR CAMERA: If you have the chance, it is a good idea to visit your new house in-between com-

pleting and moving in – this will give you a chance to look round before you turn up with hundreds of boxes. Take lots of pictures of both the interior and the exterior of the property and categorise them into rooms.

This will help you plan where you want to put your belongings and which box belongs in which room – you can even draw up a floor plan

and number the rooms if it's easier. If you're renting your property, having photographic evidence of its initial condition when you move out will also help you secure your deposit.

TIE YOUR DOORS BACK: When you're moving all your belongings into a new house, you usually have to go back and forth through multiple doors and deal with them

constantly swinging shut. This can be very annoying if you are trying to carry heavy boxes.

If you are going to be walking in and out of your house for hours, then it's a good idea to prop any doors open or pin them back so you have a clear walkway to bring in your things.

GET LABELLING: The amount of gadgets and technology set up in the average house will mean you likely have a huge amount of cables to sort out – power adaptors, internet leads, head-phones, console controls, and more.

The last thing you want when you move into your new house is to be stuck with a tangle of cables and hours ahead of trying to work out which wire is for which device – it could be days before you get your TV working again. Pop labels

on your cables as you pack, and group them together so you know which ones go where.

MAKE BETTER BOXES: When you're packing up all your belongings, the best way to get everything neatly from one house to another is by using boxes. Packing tape gets slathered over every crack in the box and once it's full it can be hard to carry.

Make your own handles in the sides of your boxes by cutting out triangle shapes on each side – this will make them much easier to carry, just make sure nothing falls out. Use string underneath your packing tape and when you come to opening the boxes you won't have to dig with your fingernails to get it off.

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Conditions of acceptance of advertisements

General

- The following conditions apply to the placing of an order for insertion of advertisements in Newsquest Media Group ("Newsquest") printed or electronic publications. Each order will form a separate agreement and English law will apply. Any change to these conditions must be agreed by us in writing (which means by exchange of letter, fax or email). An "advertiser" means any person or organisation placing an advertisement on their own account or on behalf of another.

Contents

- The advertiser confirms that the advertisement complies with all applicable legislation, regulations and codes of practice, including the codes supervised by the Advertising Standards Authority. We may reject or require changes to any advertisement so as to comply with legal or moral obligations placed on us or the advertiser; to avoid infringing the rights of a third party or any relevant code of practice; or to meet our published production and quality specifications.
- The advertiser further confirms that:
 - the publication of the advertisement will not breach any contract, infringe the copyright, trademark or other right of any third party and is not libelous of any person;
 - all licences and consents from third parties necessary for the publication of the advertisement have been obtained and paid for, including consent from living persons identified in copy or pictures (photographic or otherwise);
 - in respect of an investment advertisement, the contents have been approved by, or the advertiser is, and authorised person within the meaning of the Financial Services Act 1986 as amended or the advertisement is otherwise permitted under that Act.

Payment

- All advertisements must be paid for in full at the time of booking unless credit has been agreed. The price shall be the amount fixed by our published rate card on the date of acceptance of the order plus VAT where applicable. For non-credit advertisers, we will cancel publication of an advertisement that has not been paid for on time. For credit advertisers, we will cancel publication of any future advertisements if payment is not made in accordance with our payment terms. For credit advertisers, interest will be charged

on late payments at the rate of 3% above the Bank of England's base lending rate from the date payment is due together with the administration costs of collecting an overdue debt.

- By placing an order with us, an advertising agency confirms that it contracts as principal with full authority from its client in all matters connected with the order and is responsible for all payments due. We will only accept advertisements from advertising agencies if they are recognised by us.
- We will try to give notice of increases, but we reserve the right to change our advertising rates at any time. This will not affect contracts, including any fixed term agreement for a series of advertisements.

Box numbers

- We will use reasonable efforts to forward replies to box numbers within a reasonable time, but we are not responsible for any failure or delay caused by circumstances beyond our reasonable control, or for any losses relating to an advertiser's business or any loss that is not reasonably foreseeable by both parties.

Cancellation

- We will notify the advertiser of the latest time that orders can be cancelled (the "booking" deadline) and the latest time that advertising copy can be received by us ("the copy deadline"). An advertiser may cancel up until copy deadline and we will make reasonable efforts to re-sell the space, but the advertiser will be liable for the full price if the space is not sold and we will reclaim any unearned volume-based discount. Private advertisers booking by telephone or online may cancel in accordance with relevant law, but no refund shall be available after the copy deadline unless cancellation is due to our negligence. If the copy is not received by the copy deadline, we will not be liable if the advertisement does not appear, but the advertiser will remain liable to make full payment for the price of the advertisement.
- We will try to satisfy an advertiser's request regarding the positioning of an advertisement, but no guarantee of position can be given unless agreed by us and paid for at the rate then current.

Errors

- We are not liable for any error, misprint or non-appearance of an advertisement unless caused by our negligence, in which case the

advertiser will be entitled to a re-insertion or proportionate refund. The advertiser is solely responsible for checking the advertisement on each insertion and ordering correction where necessary. Except where we have been negligent, we shall not be liable for an error or misprint that, in our reasonable opinion, does not materially detract from the advertisement. We shall not be liable in any case for losses relating to any business or public fund-raising for the advertiser, such as lost customers, revenue or profit.

Copyright

- Advertisements are accepted on condition that we have the right to publish them online as well as in any booked titles. The copyright in work or material we contribute to or re-work for an advertisement belongs to us. We will dispose of advertiser's copy, artwork, photographs or other materials after six months unless collected.

General

- We shall not be liable if our publishing activities are restricted or prevented by any law, act or event beyond our reasonable control (including, for example, industrial dispute). In such case, the advertiser shall accept publication when available or otherwise may cancel the order by written notice and pay only for work done and materials used.
- We will use the advertiser's details for internal administration. Unless the advertiser tells us not to in writing at any time, we may also share details with other Newsquest companies or with carefully selected third parties, who may send information about goods and services.
- The advertiser will be liable to pay us for all costs, losses, expenses and damages of any kind suffered or incurred by us as a result of legal claims or actions, actual or threatened, arising from the advertiser's breach of these conditions or the publications of the advertisement, unless caused by our own negligent act or failure.
- We may cancel the order at any time if the advertiser breaches these conditions and the breach is not capable of remedy or it continues for seven days after we have given written notice of it, or if we reasonably believe the advertiser is unable to pay debts or the advertiser goes or threatens to go out of business.

Method of payment

We will be pleased to accept your payment by any of the following methods: • **CHEQUE** - Made payable to NEWSQUEST (LONDON) LTD. • **BACS** - Electronic Bank Transfer • **CASH** - Paid to one of our Branch Offices. • **CREDIT/DEBIT CARD** - Please phone to pay by Visa/Mastercard/Switch/Delta

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Transport for London

Road Traffic Regulation Act 1984

The Prudential Ride London (Restriction Of Traffic In Connection With Certain Events) Order 2015

1. Transport for London in exercise of the powers conferred by section 16A hereby gives notice that, after consulting the Commissioner of Police for the City of London, the Commissioner of Police of the Metropolis, the Councils of the London Boroughs of Hackney, Hammersmith and Fulham, Wandsworth, Hounslow, Islington, Richmond upon Thames, Merton, Tower Hamlets, Lambeth, Southwark, Camden, Redbridge, Waltham Forest and Newham, the Royal Boroughs of Kensington and Chelsea, Kingston upon Thames and Greenwich, the City of Westminster and the Common Council of the City of London, it has jointly made the above named Order in respect of our individual responsibility as traffic authority to facilitate the Prudential Ride London event, under the powers conferred by section 16A(7) of the Road Traffic Regulation Act 1984 for the purpose specified in paragraph 2. The effect of the Order is summarised in paragraph 3.
2. The purpose of the Order is to enable the event known as “The Prudential Ride London” to take place.
3. The effect of the Order is to prohibit:

(1) persons or vehicles entering, exiting and proceeding in the carriageway of any street or length of street specified in Schedule 1 and 2 to this Notice between the time specified in relation to each street or length of street (or earlier if required by a police constable in uniform) and a time when normal traffic operation can be resumed;

(2) stopping or waiting by vehicles (including waiting for the purpose of delivering or collecting goods or loading or unloading a vehicle) in each street and length of street specified in Schedule 1 and Schedule 2 to this Notice.
4. The provisions made in any Order in respect of one-way working which applies to any of the roads listed in Schedule 3 to this Notice, are hereby suspended or reversed as listed during the times specified.
5. During the times specified, the provisions made in any Order in respect of bus lanes are suspended and stopping and waiting will only be permitted by vehicles used in connection with this event on the lengths of streets listed in Schedule 4 to this Notice.
6. The provisions made in any Order in respect of a prohibition of cycling applying to any roads listed in Schedule 1 to this Notice, are hereby suspended for the duration of this Order
7. Between 0001 and 2359 hours on Sunday 2nd August 2015, this Order will suspend the buses and taxis only restriction at the junction of Eastway and Lee Conservancy Road in the London Borough of Hackney.
8. Between 0001 and 2359 hours on Saturday 1st August 2015, this Order will:

a) allow the right turn from Moorgate southbound into London Wall westbound in the City of London;

b) suspend all Loading bays on Gracechurch Street between Eastcheap and Cornhill in the City of London;

c) suspend all Loading bays on Bishopsgate Street between Wormwood Street and Cornhill in the City of London;

d) suspend the parking bays outside No.5 Chicheley Street in the London Borough of Lambeth for the use of Duck Tours;

e) suspend the bus lanes on York Road in the London Borough of Lambeth and on Waterloo Bridge in the London Borough of Lambeth and the City of Westminster and all stopping and waiting on Waterloo Bridge and Lancaster Place northbound in the London Borough of Lambeth and the City of Westminster.
9. Between 0001 on Saturday 1st August 2015 until 2359 on Sunday 2nd August 2015, this Order will:

a) Allow the no right turn prohibition from Regent Street into Margaret Street and the no left turn from John Princes Street into Oxford Street in the City of Westminster.
10. Between 0001 on Saturday 1st August 2015 until 2359 on Sunday 2nd August 2015 the following bays will be suspended for use by National Express, Megabus and TfL authorised buses only:

a) the loading bay outside 47-49 Farringdon Street (Atlantic House);

b) the loading bays on South Lambeth Place southbound between Bondway (Eastern Arm) and South Lambeth Road;

c) the coach bays on Park Lane northbound between Curzon Gate and Grosvenor Gate.
11. Between 0001 and 2359 hours on Sunday 2nd August 2015, the Order will also suspend:

(1) the parking and loading bays on Farringdon Street northbound (between its junctions with Charterhouse Street and Holborn Viaduct) in the City of London except TfL authorised National Express, Megabus and local buses only;

(2) the no right turn prohibition from Tower Bridge Road northbound into Tooley Street eastbound in the London Borough of Southwark;

(3) all stopping and waiting on Park Lane northbound (between the Crossrail lorry holding area and Grosvenor Gate) in the City of Westminster except TfL authorised National Express, Megabus and local buses only;

- (4) the bus lanes on York Road in the London Borough of Lambeth and on Waterloo Bridge in the London Borough of Lambeth and the City of Westminster;

(5) all stopping and waiting on Charles II Street south side in the City of Westminster between its junctions with Haymarket and Regent Street;

(6) all stopping and waiting on Waterloo Bridge and Lancaster Place northbound in the London Borough of Lambeth and the City of Westminster;

(7) all stopping and waiting on Concert Hall Approach in the London Borough of Lambeth except buses;

(8) No Stopping at any Time restrictions (Double Red Lines) on Albert Embankment west side, in the London Borough of Lambeth outside Nos. 91-92 (60 metre length) to allow parking of TfL authorised local buses, Megabus and National Express vehicles;

(9) bus stop B on Townmead Road in the London Borough of Hammersmith and Fulham to allow no stopping except buses;

(10) the no entry restriction on Chiswick Mall at its junction with Chiswick Lane south;

(11) the left turn only prescribed route on Acre Road at its junction with Richmond Road in the Royal Borough of Kingston upon Thames;

(12) all stopping and waiting on The Bottoms (between its junctions with East Lane and Kingston Hall Road), Fairfield West northbound (between its junctions with Fairfield South and Fairfield Road), Clarence Street eastbound (between its junctions with Castle Street and Wheatfield Way), Fairfield South and Hawks Road in the Royal Borough of Kingston upon Thames;

(13) all loading on St James Road (the east side from a point 8 metres southeast of the northern flank wall of the Hippodrome, south eastwards for a distance of 45 metres) in the Royal Borough of Kingston to allow blue badge holder parking;

(14) bus stop Y on Townmead Road in the London Borough of Hammersmith and Fulham to allow no stopping except buses;

(15) the no entry restrictions at the junction of Delamere Road and Ethelbert Road and from Pentney Road into Albert Grove in the London Borough of Merton;

(16) the no right turn prohibition from Courthope Road into Church Road in the London Borough of Merton;

(17) the Coach Bays on the west side of Park Lane between Curzon Gate and Grosvenor Gate in the City of Westminster except for National Express, Megabus and TfL authorised local buses.
12. The following will also be permitted between 0001 and 2359 hours on Sunday 2nd August 2015:

(1) access through the fire gate on Felsham Road outside Deer Lodge in the London Borough of Wandsworth;

(2) access through the fire gate on Charlwood Road at its junction with Clarendon Drive in the London Borough of Wandsworth;

(3) access through the fire gate on Langside Avenue at its junction with Roehampton Lane in the London Borough of Wandsworth;

(4) access through the removable bollards on Lacy Road in the London Borough of Wandsworth;

(5) access through the fire gates in Chatham Road, The Bottoms, Cowleaze Road, Woodbines Avenue, South Lane, Skerne Road / Downhall Road in the Rotal Borough of Kingston upon Thames.
13. The prohibitions will apply only during such times and to such extent as shall from time to time be indicated by traffic signs and will not apply in respect of:

(1) any vehicle on any occasion when it is being used for fire brigade, ambulance or police purposes if the observance of those provisions would hinder the use of the vehicle;

(2) any vehicle used in conjunction with The Prudential Ride London (“the Event”);

(3) anything done with the permission or at the direction of a police constable in uniform or a person authorised by Transport for London or any London Borough affected by this Order.
14. Additional streets and lengths of streets may also be closed at the direction of a police constable in uniform, to facilitate alternative routes.
15. Alternative routes will be signposted.
- Dated this 22nd day of July 2015
- Mufu Durowoju
- Network Impact Management Team Manager,
- Road Space Management - Operations, Transport for London
- Palestra, 197 Blackfriars Road, London, SE1 8NJ
- SCHEDULE 1 (see Article 3)
- Roads affected by the race and forming part of the race route
- From 0001 hours until 2359 hours on Saturday 1st August 2015
- In the City of Westminster
- The Mall, Cockspur Street, Pall Mall East, Trafalgar Square, Strand, Aldwych, Kingsway, Lincoln’s Inn Field, Sardinia Street, Chancery Lane, Waterloo Bridge, Lancaster Place, Whitehall, Parliament Street, Parliament Square, Great George Street, Birdcage Walk, Spur Road, Marlborough Road, Constitution Hill

- In the City of London
- Chancery Lane, High Holborn (between Chancery Lane and Holborn Circus), Holborn Circus, Holborn Viaduct, Newgate Street, King Edward Street, Angel Street, St. Martin’s Le-Grand, Cheapside, King Street, Gresham Street (between King Street and Lothbury), Lothbury, Prince’s Street, Bank Junction, Mansion House Street, Queen Victoria Street (between Mansion House Street and Cannon Street), Cannon Street (between Queen Victoria Street and New Change), St. Paul’s Church Yard, New Change, New Fetter Lane, Fetter Lane, Fleet Street (between Strand and Fetter Lane)
- In the London Borough of Camden
- Kingsway, Remnant Street, Lincoln’s Inn Field, Sardinia Street, Chancery Lane, High Holborn (between Chancery Lane and Holborn Circus), Holborn Circus
- In the London Borough of Lambeth
- Waterloo Bridge, Waterloo Road (between Waterloo Bridge and York Road)
- From 1930 hours on Saturday 1st August 2015 until 2359 hours on Sunday 2nd August 2015
- In the London Borough of Hackney
- Waterden Road
- From 2000 hours on Saturday 1st August 2015 until 2359 hours on Sunday 2nd August 2015
- In the London Borough of Richmond Upon Thames
- Chiswick Bridge, Clifford Avenue, Lower Richmond Road (between its junctions with Chiswick Bridge and Clifford Avenue), Upper Richmond Road West (between its junctions with Clifford Avenue and Sheen Lane), Sheen Lane (between its junctions with Upper Richmond Road West and Sawyer’s Hill), Sawyer’s Hill (between its junctions with Sheen Lane and Queen’s Road), Queen’s Road (between its junctions with Sawyer’s Hill and the boundary of the Royal Borough of Kingston Upon Thames)
- Kingston Bridge , Hampton Court Road (between its junctions with Kingston Bridge and Hampton Court Way), Hampton Court Way (between its junctions with Hampton Court Road and Hampton Court Bridge), Hampton Court Bridge
- From 0001 hours until 2359 hours on Sunday 2nd August 2015
- London Borough of Hackney
- Eastway (between its junctions with Waterden Road and East Cross Route), East Cross Route
- London Borough of Tower Hamlets
- East Cross Route, Blackwall Tunnel Northern Approach, Brunswick Road, St Leonard’s Road, East India Dock Road (between its junctions with St Leonard’s Road and Leamouth Road), Leamouth Road, Leamouth Roundabout, Aspen Way (between its junctions with Leamouth Road roundabout off slip and Limehouse Link), Limehouse Link, The Highway, East Smithfield, Tower Hill, Byward Street
- In the City of London
- Byward Street, Great Tower Street, Eastcheap, Cannon Street, New Change, Cheapside, Newgate Street, Holborn Viaduct, Holborn Circus, New Fetter Lane, Fetter Lane, Fleet Street (between Fetter Lane and Strand)
- In the City of Westminster
- Duke of Wellington Place, Whitehall, Parliament Street, Parliament Square (eastern arm), St Margaret Street, Old Palace Yard, Abingdon Street, Millbank, Grosvenor Road, Knightsbridge, Brompton Road, Trafalgar Square, Birdcage Walk, Horse Guards Road, Marlborough Road, Spur Road , Constitution Hill, The Mall, Buckingham Gate (between Birdcage Walk to Buckingham Palace Road), Buckingham Palace Road (between Buckingham Gate and Grosvenor Gardens), Grosvenor Gardens, Grosvenor Place, Strand, Cockspur Street, Pall Mall, St. James’s Street, Piccadilly, Hyde Park Corner
- In the Royal Borough of Kensington and Chelsea
- Chelsea Embankment, Knightsbridge (between the City of Westminster and Brompton Road), Brompton Road (between its junctions with Knightsbridge and Cromwell Gardens), Thurloe Place, Cromwell Gardens, Cromwell Road, West Cromwell Road, Cheyne Walk, Cremorne Road, Ashburnham Road (between its junctions with Cremorne Road and Kings Road), Kings Road (between its junctions with Ashburnham Road and News Kings Road)
- In the London Borough of Hammersmith and Fulham
- West Cromwell Road, Talgarth Road, Hammersmith Flyover, Great West Road, Kings Road, New Kings Road, Fulham High Street, Putney Bridge Approach, Putney Bridge
- In the London Borough of Hounslow
- Great West Road, Great Chertsey Road, Burlington Lane, Alexandra Avenue, Chiswick Bridge
- In the Royal Borough of Kingston Upon Thames
- Queen’s Road, Kingston Hill (between its junctions with Queen’s Road and London Road), London Road, Queen Elizabeth Road, Cromwell Road, Richmond Road (between its junctions with Cromwell Road and Sopwith Way), Sopwith Way, Kingsgate Road (between its junctions with Sopwith Way and Wood Street), Wood Street, Horse Fair, Kingston Bridge, Portsmouth Road, High Street, Market Place, Thames Street, Clarence Street (between its junctions with Thames Street and Horse Fair), Clarence Street (between its junctions with Eden Street and Wood Street), Wheatfield Way (between its junctions with Clarence Street and Fairfield North), Fairfield North, Coombe Road, Coombe Lane West, Coombe Lane Flyover

Transport for London

In the London Borough of Merton
Coombe Lane (between its junctions with Coombe Lane Flyover and Lambton Road), Lambton Road (between its junctions with Coombe Lane and Worple Road), Worple Road, Wimbledon Hill Road, High Street, Parkside, Wimbledon Park Side

In the London Borough of Wandsworth
Putney Bridge, Wimbledon Park Side, Tibbet’s Corner, Tibbet’s Ride, Putney Hill, Putney High Street

From 1400 hours on Saturday 1st August 2015 until 2359 hours on Sunday 2nd August 2015

In the London Borough of Newham
Carpenters Road (between Clarnico Lane and car park entrance to the Aquatic Centre)

From 0001 hours until 2359 hours on Sunday 2nd August 2015

In the London Borough of Newham
Clarnico Lane, Honour Lee Avenue, Olympic Park Avenue, Abercrombie Road, Anthem Way, Westfield Avenue (between Olympic Park Avenue and Montfichet Road)

SCHEDULE 2 (see Article 3)

Roads affected by the race and not forming part of the race route (where possible residential access will be maintained)

From 0001 hours until 2359 hours on Saturday 1st August 2015

In the City of Westminster
Link Road, Buckingham Palace Road northbound (between Grosvenor Place and Buckingham Gate), Buckingham Gate (between Buckingham Palace Road and Birdcage Walk), Buckingham Gate (between Victoria Street and Birdcage Walk), Storey’s Gate, Horseguards Avenue westbound, Northumberland Avenue, Spring Gardens, Savoy Street northbound, Savoy Place, Temple Place (between Victoria Embankment and Arundel Street), Arundel Street northbound, Duncannon Street, Charing Cross Road southbound (between Shaftesbury Avenue and St. Martin’s Place), St. Martin’s Place southbound, Bedford Street (between Maiden Lane and Strand), Exeter Street (between Burleigh Street and Strand), Burleigh Street (between Exeter Street and Strand)

In the City of London
Aldgate, Philpot Lane northbound, Fenchurch Street, King William Street (between Cannon Street and Mansion House Street), Cannon Street westbound, Queen Victoria Street eastbound, Lime Street, Leadenhall Street (between St. Mary Axe and Bishopsgate), Lombard Street, Cornhill, Threadneedle Street westbound, Bartholomew Lane, Throgmorton Street, Lothbury, Old Broad Street southbound, Moorgate southbound, Coleman Street southbound (between King Arm Yard to Lothbury), Basinghall Street southbound, Wood Lane southbound (between Love Lane and Gresham Street), Gresham Street eastbound (between Foster Lane and Lothbury), Foster Lane southbound, Gutter Lane southbound, Poultry, Aldersgate Street southbound (between London Wall and St. Martin’s Le-Grand), St. Paul’s Church Yard eastbound, Warwick Lane northbound, Ave Maria Lane northbound, Ludgate Hill eastbound, Stonecutter Street westbound, Fleet Street westbound, Snow Hill southbound, Charter House Street westbound (between Farringdon Street and Holborn Circus)

In the London Borough of Camden
Gray’s Inn Road southbound (between Clerkenwell Road and High Holborn), High Holborn eastbound, Upper Woburn Place southbound (between Euston Road and Tavistock Square), Southampton Row southbound (between Vernon Place and High Holborn), Drake Street southbound, Gower Street southbound (between Euston Road and Gower Place)

From 2000 hours on Saturday 1st August 2015 until 2359 hours on Sunday 2nd August 2015

In the London Borough of Richmond upon Thames
Thames Street eastbound, Hampton Court Road (between its junctions with Hampton Court Way and Thames Street), High Street Hampton Wick (between its junctions with Kingston Bridge Hampton Wick and Vicarage Road), Lower Teddington Road Hampton Wick (between its junctions with High Street and the railway bridge adjacent to Becketts Wharf), Park Road (between its junctions with High Street, Hampton Wick and St John’s Road), Church Grove southbound, Mortlake Road southbound, Upper Richmond Road West eastbound (between its junctions with Manor Road and Clifford Avenue), Sheen Road eastbound (between its junctions with Manor Road and Upper Richmond Road), Upper Richmond Road West westbound (between its junctions with Upper Richmond Road and Sheen Lane), Upper Richmond Road westbound (between its junctions with Roehampton Lane and Upper Richmond Road West), Larches Avenue, Colston Road, Sheen Gate Gardens, Penrhyn Crescent, Palmerston Road, Christchurch Road, Wayside, York Avenue (North), Vicarage Road, Stonehill Road, York Avenue (South), Clare Lawn Avenue, Fife Road, Muirdown Avenue, Shrewsbury Avenue, Sheen Lane (between its junctions with Upper Richmond Road and Mortlake High Street), Shalstone Road, Somerton Avenue, Kingsway, St Leonards Road, Langdale Close, Graemesdyke Avenue, Deanhill Road, Coval Road, Carlton Road, Temple Sheen Road, Connaught Avenue, Leinster Avenue, Elm Road, Columbia Square

From 0001 hours until 2359 hours on Sunday 2nd August 2015

London Borough of Redbridge
Eastern Avenue westbound (between its junctions with North Circular Road and the boundary of the London Borough of Waltham Forest), Redbridge Lane West

London Borough of Waltham Forest
Eastern Avenue westbound (between its junctions with the boundary of the London Borough of Redbridge and East Cross Route), East Cross Route westbound

London Borough of Newham
East Cross Route westbound, Bow Interchange access slip roads, Lower Lea Crossing westbound, Underpass from Newham Way leading to Aspen Way, Newham Way westbound (between its junctions with North Circular Road and Aspen Way), Newham Way westbound up slip at Silvertown Way

In the London Borough of Tower Hamlets
Trinity Square southbound, Tower Bridge northbound, Tower Bridge Approach northbound, Abbott Road northbound, East India Dock Road eastbound (between its junctions with Cotton Street and St Leonard’s Road), Follett Street eastbound Robin Hood Lane slip road leading to Blackwall Tunnel, Slip Road from Preston’s Road leading to Aspen Way eastbound, Lower Lea Crossing westbound Underpass from Newham Way leading to Aspen Way, Newham Way westbound Aspen Way westbound (between its junctions with Newham Way and Leamouth Road roundabout off slip), Aspen Way westbound up slip at Preston’s Road, Aspen Way westbound and eastbound up slips at Upper Bank Street, Slip Road from West India Dock Road leading into Aspen Way eastbound, East India Dock Road eastbound (between its junctions with Burdett Road and St Leonard’s Road), Butcher Row southbound, Mansell Street (between its junctions with Prescot Street and East Smithfield), Bow Interchange access slip roads

In the City of London
Bishopsgate southbound (between Wormwood Street and Gracechurch Street), Gracechurch Street southbound, Mincing Lane southbound, Road Lane southbound, King William Street southbound (between Lombard Street and Cannon Street), Lower Thames Street eastbound, Upper Thames Street eastbound (between Queen Street Place and Lower Thames Street), Lombard Street eastbound Moorgate southbound (between London Wall and Lothbury), St. Martin’s Le-Grand southbound, Aldersgate Street southbound (between London Wall and St. Martin’s Le-Grand), Goswell Road southbound, Ave Maria Lane, Old Bailey, Ludgate Hill, St. Paul’s Church Yard, Queen Victoria Street eastbound (between New Bridge Street and Cannon Street), Queen Victoria Street westbound (between Cannon Street and Poultry), Friday Street, Bread Street southbound, Cheapside westbound, Poultry westbound, Charter House Street westbound (between Farringdon Road and Holborn Circus), Shoe Lane northbound, Fleet Street westbound, Chancery Lane southbound

In the London Borough of Islington
Goswell Road southbound (between Old Street and Aldersgate Street), City Road southbound (between Old Street and Finsbury Square)

In the London Borough of Southwark
Queen Elizabeth Street eastbound (between its junctions with Tooley Street and Tower Bridge Road), Tower Bridge Road northbound, Tower Bridge northbound, Southwark Bridge Road northbound (between its junctions with Southwark Street and Southwark Bridge), Southwark Bridge northbound, London Bridge northbound Borough High Street northbound (between Long Lane and London Bridge)

In the City of Westminster
Spring Gardens, Great George Street, Birdcage Walk, Storey’s Gate northbound, Link Road, Constitution Hill, Marlborough Road, Northumberland Avenue, Whitehall Place westbound, Parliament Street northbound, Whitehall northbound, Horse Guards Avenue westbound, Great Scotland Yard westbound, Aldwych eastbound (between Kingsway and Strand), Arundel Street northbound, Temple Place, Waterloo Bridge northbound, Lancaster Place northbound, Exeter Street southbound, Bedford Street, Savoy Street northbound, Adam Street northbound, Shaftesbury Avenue westbound (between Charing Cross Road and Piccadilly Circus), Charing Cross Road southbound (between Shaftesbury Avenue and St. Martin’s Place), Duncannon Street, Haymarket southbound, Piccadilly Circus eastbound (between Shaftesbury Ave and Haymarket), Piccadilly, Waterloo Place southbound, Jermyn Street westbound (between Duke Street St James’s and St James’s Street), Park Lane southbound, Berkeley Street southbound, Bolton Street southbound, Clarges Street southbound, White Horse Street southbound, Down Street southbound, Piccadilly Underpass westbound, Grosvenor Place southbound, Wilton Place northbound, Bessborough Gardens southbound, Vauxhall Bridge Road southbound (between Neathouse Place and Bessborough Gardens), Vauxhall Bridge, Lambeth Bridge, Horseferry Road eastbound (between Marsham Street and Millbank), Great Peter Street eastbound, Broad Sanctuary, Victoria Street eastbound (between Bressenden Place and Broad Sanctuary), Bridge Street, Westminster Bridge westbound, William Street, Kensington Road eastbound (between Exhibition Road and Knightsbridge), Knightsbridge eastbound (between Kensington Road and Brompton Road), Exhibition Road southbound, Queen’s Gate southbound

In the London Borough of Camden
Holborn eastbound, Charter House Street westbound (between Farringdon Road and Holborn Circus), Kingsway southbound, Southampton Row southbound (between Theobald’s Road and Kingsway)

In the London Borough of Lambeth
Bridgefoot northbound, Vauxhall Bridge northbound, Lambeth Bridge westbound, Westminster Bridge westbound, Westminster Bridge Road westbound (between its junctions with Lambeth Palace Road and Westminster Bridge)

In the Royal Borough of Kensington and Chelsea
Chelsea Bridge northbound, Lower Sloane Street, Chelsea Bridge Road southbound, William Street, Sloane Street northbound (between its junctions with Basil Street and Knightsbridge), Egerton Terrace northbound (between its junctions with Egerton Gardens (southern arm) and Knightsbridge), Brompton Road northbound (north of its junction with Pelham Street), Exhibition Road, Kensington Gore, Queen’s Gate, Palace Gate, Victoria Road, Kensington Court, Wrights Lane,

Allen Street, Abingdon Road, Thurloe Place eastbound (between its junctions with Exhibition Road and Brompton Road), Cromwell Place (between its junctions with Thurloe Place and Cromwell Road), Stanhope Mews East northbound, Stanhope Mews West northbound, Stanhope Gardens (western arm), Gloucester Road (between its junctions with Old Brompton Road and Cromwell Road), Ashburn Place northbound Ashburn Gardens northbound, Collingham Road northbound (between its junctions with Courtfield Gardens and Cromwell Road), Collingham Place, Knaresborough Place northbound (between its junctions with Earls Court Gardens and Cromwell Road), Gloucester Road southbound (between its junctions with Queen’s Gate Gardens and Cromwell Road), Marloes Road southbound (between its junctions with Lexham Gardens and Cromwell Road), Earls Court Road (between its junctions with Kensington High Street and Cromwell Gardens), Warwick Gardens, Bolton Gardens, Collingham Gardens eastern arm (between its junctions with Bolton Gardens and Collingham Road), Gledhow Gardens, Bina Gardens, Rosary Gardens, Clareville Grove, Bute Street, Thurloe Square (between its junctions with Thurloe Square southern arm and Pelham Street), Ovington Square, Beauchamp Place, Pont Street (between its junctions with Sloane Street and Walton Street), Hans Crescent (between its junctions with Sloane Street and Basil Street), Walpole Street, Smith Street, Shawfield Street, Flood Street, Chelsea Manor Street, Glebe Place, Old Church Street (between its junctions with King’s Road and Chelsea Embankment), Milman’s Street, Fernshaw Road, Hortensia Road, Beaufort Street southbound, Battersea Bridge northbound, Albert Bridge, Oakley Street southbound

In the London Borough of Hammersmith and Fulham
Gliddon Road northbound (between its junctions with Barons Court Road and Talgarth Road), Fulham Palace Road southbound, Slip Road from Hammersmith Bridge Road leading to Great West Road westbound, Gonville Street, Fulham High Street southbound, Burlington Road southbound (between its junctions with Rigault Road and New King’s Road), Buer Road southbound (between its junctions with Fulham Park Gardens and New King’s Road), Elysium Street, Grimston Road northbound (between its junctions with Ewald Road and New King’s Road), Munster Road, Eddiscombe Road southbound, Gulon Road southbound, Parsons Green (both arms), Wandsworth Bridge northbound, Wandsworth Bridge Road northbound, Weltje Road, Rivercourt Road, Edith Road, Aurioi Road, Munden Street, Southcombe Street, North End Road, Mulgrave Road, Moylan Road, Humbolt Road, Everyington Street, Hawksmoor Street, Bothwell Street, Landridge Road, Fulham Park Road, Dancer Road, Crookham Road, Mimosa Street, Whittingstall Road, St Maur Road, Parson’s Green Lane, Shottendane Road, Harwood Road, Waterford Road, Maxwell Road

In the London Borough of Hounslow
Slip Road from Chiswick Roundabout leading to Great West Road eastbound, Staveley Road southbound (between its junctions with Burlington Lane and Great Chertsey Lane), Burlington Lane eastbound (between its junctions with Staveley Road and Alexandra Avenue), Mawson Lane (west of its junction with Great West Road)

In the Royal Borough of Kingston upon Thames
Seething Wells Lane northbound, Akerman Road westbound, Brighton Road westbound (between its junctions with Maple Road and Portsmouth Road), The Mall westbound, Westfield Road westbound, Cleaveland Road westbound, St Leonard’s Road westbound, Cadogan Road westbound, Grove Road westbound (between its junctions with Maple Road and Portsmouth Road), Catherine Road westbound, Uxbridge Road, Palace Road westbound, Anglesea Road westbound, Riverside Close, Surbiton Road westbound, Woodbines Avenue westbound, South Lane westbound, East Lane eastbound, Kingston Hall Road westbound, Wadbrook Street, Eden Street, Wheatfield Way northbound (between its junctions with Orchard Road and Fairfield North), Old London Road, Lady Booth Road, Albert Road (between its junctions with Church Road and London Road), Cambridge Road northbound (between its junctions with Church Road and London Road), Station Road, Manorgate Road, Wolverton Avenue, Galsworthy Road southbound, Gloucester Road northbound, Dickerage Road northbound (between its junctions with Revell Road and Coombe Lane West), Wolsey Close, Brook Gardens, Coombe Rise, Orchard Rise, West Road, Southwood Avenue, Lord Chancellors Walk, Warren Road southbound, Golf Club Drive, Coombe Hill Road, Moor Park Gardens, Beverley Lane, Warbank Lane, Albion Road, High Drive northbound (between its junctions with Woodlands Avenue and Coombe Lane West), Crown Road northbound (between its junctions with Woodlands Avenue and Coombe Lane West), Warren Rise, Traps Lane, Kingston Hill westbound (between its junctions with George Street and Queen’s Road), Crescent Road westbound, Liverpool Road westbound King’s Road eastbound (between its junctions with Park Road and Queen’s Road), New Road eastbound, Tudor Road eastbound, Alexandra Road eastbound, Park Road southbound (between its junctions with Brunswick Road and Kingston Hill), Brunswick Road southbound, Burnham Street northbound, Clifton Road southbound (between its junctions with Canbury Park Road and London Road), Gordon Road southbound, Birkenhead Avenue, Queen Elizabeth Road southbound, Richmond Road southbound (between its junctions with Sury Basin and Sopwith Way), Coombe Lane Flyover access slip roads

London Borough of Merton
Raynes Park Bridge northbound (between its junctions with Approach Road and Coombe Lane), Coombe Lane (between its junctions with Pepys Road and Lambton Road), Pepys Road (between its junctions with Worple Road and Coombe Lane), Langham Road northbound (between its junctions with Stanton Road and Worple Road), Francis Grove northbound (between its junctions with St George’s Road and Worple Road), St George’s Road westbound, Wimbledon Bridge westbound, Belvedere Drive southbound (between its junctions with Belvedere

Transport for London		
<p>Avenue and Wimbledon Hill Road), Belvedere Grove southbound (between its junctions with Belvedere Avenue and Wimbledon Hill Road), Church Road southbound (between its junctions with Belvedere Avenue and High Street), High Street, Wimbledon (between its junctions with The Green and High Street), The Green, Cannizaro Road northbound (between its junctions with The Causeway and Parkside), The Causeway (between its junctions with Cannizaro Road and The Green), Parkside Avenue westbound (between its junctions with Parkside Gardens and Parkside), Calonne Road westbound (between its junctions with Parkside Gardens and Parkside), Alwyne Road, Compton Road, Southside Common (between High Street and Murray Road - southern arm)</p> <p>In the London Borough of Wandsworth Chelsea Bridge northbound, Queenstown Road northbound (between its junctions with Battersea Park Road and Chelsea Bridge), Queens Circus northbound (local access maintained including to Chelsea Gate, Battersea Park), Bridgend Road northbound, Wandsworth Bridge northbound, Battersea Bridge Road northbound (between its junctions with Prince of Wales Drive and Battersea Bridge), Battersea Bridge northbound, Battersea Church Road northbound (between its junctions with Battersea Square and Battersea Bridge Road), Elcho Street northbound, Albert Bridge Road northbound (between its junctions with Parkgate Road and Albert Bridge), Albert Bridge, Upper Richmond Road West westbound, Withycombe Road westbound (between its junctions with Victoria Drive and Wimbledon Park Side), Westleigh Avenue eastbound (between its junctions with Genoa Road and Putney Hill), Chartfield Avenue eastbound (between its junctions with Gwendolen Avenue and Putney Hill), Cambalt Road eastbound, St John's Avenue eastbound (between its junctions with Burston Road and Putney Hill), Lytton Grove westbound (between its junctions with Holmbush Road and Putney Hill), Carlton Drive westbound (between its junctions with Rayner's Road and Putney Hill), St John's Avenue westbound (between its junctions with Rayner's Road and Putney Hill), Upper Richmond Road westbound (between its junctions with West Hill and Putney Hill), Putney Bridge Road northbound, Disraeli Road westbound, Werter Road westbound, Montserrat Road westbound, Upper Richmond Road eastbound (between its junctions with Burston Road and Putney Hill), Lower Richmond Road eastbound (between its junctions with Queens Ride and Putney High Street), Upper Richmond Road westbound (between its junctions with Roehampton Lane and Upper Richmond Road West), Tibbet's Corner access slip roads, Weimar Street eastbound, Felsham Road (between its junctions with Weimar Street and Putney High Street), Lacy Road (between its junctions with Walkers Place and Putney High Street), Chelverton Road eastbound, Norroy Road eastbound, Kersfield Road westbound, Putney Heath (between its junctions with Putney Hill and Wildcroft Road), Putney Heath Lane (between its junctions with Putney Hill and Kersfield Road), Inner Park Road westbound, Queensmere Road westbound, Selhurst Close, Putney Hill, Radcliffe</p>	<p>Square</p> <p>SCHEDULE 3 (see Article 4) <u>From 0001 hours until 2359 hours on Saturday 1st August 2015</u></p> <p>In the City of London Southampton Buildings (suspension) Philpit Lane (suspension) Furnival Street (suspension) Stonecutter Street (suspension) Snow Hill (suspension)</p> <p>In the City of Westminster Villiers Street (suspension) Whitehall Court (suspension) Spring Gardens northern arm (suspension) Adam Street (suspension) Suffolk Place (suspension) Suffolk Street (suspension)</p> <p><u>From 0001 hours until 2359 hours on Sunday 2nd August 2015</u></p> <p>In the City of Westminster Rapeal Street (reversal)</p> <p>In the Royal Borough of Kensington and Chelsea Collingham Road (reversal) between Courtfield Gardens southern arm and Cromwell Road Danvers Street (reversal) Old Church Street (reversal) between Chelsea Embankment and King's Road Edith Grove (reversal) between King's Road and Cremorne Road Seville Street (reversal) Hans Road (reversal) Egerton Place (reversal) between Egerton Gardens and Brompton Road Queensbury Place (reversal) Stanhope Gardens (reversal) east and west arm Courtfield Gardens (revesal) east arm Swan Walk (reversal) between Chelsea Embankment and Dilke Street Cheyne Walk (reversal) between Nos.1 and 26 Milman's Street</p> <p>In the London Borough of Hammersmith and Fulham Broomhouse Road (reversal)</p> <p>In the London Borough of Hounslow Paxton Road (suspension)</p>	<p>In the London Borough of Richmond upon Thames Colston Road (reversal) Kingsway (reversal) Shalstone Road (reversal) Somerton Avenue (reversal)</p> <p>In the Royal Borough of Kingston upon Thames The Bittons (suspension) between East Lane and Kingston Hall Road Lady Booth Road (suspension) at its junction with Wheatfield Way Queen Elizabeth Road (suspension) between Canbury Park Road and Gordon Road Seven Kings Way (reversal) for buses only Downhall Road (reversal) Albert Road (suspension)</p> <p>In the London Borough of Wandsworth Disraeli Road (suspension) Werter Road (suspension) Montserrat Road (suspension) Chelverton Road (suspension) Norroy Road (suspension)</p> <p>In the London Borough of Merton Delamere Road (suspension) between its junctions with Worple Road and Ethelbert Road) High Street, Wimbledon (suspension) between A219 High Street Wimbledon and Southside Common Albert Grove (suspension) at its junction with Worple Road</p> <p>SCHEDULE 4 (see Article 5) <u>From 0001 hours until 0700 hours on Sunday 2nd August 2015</u></p> <p>In the London Borough of Southwark Jamaica Road (both sides) between its junctions with Mill Street and Lower Road</p> <p>In the London Borough of Hackney Kingsland Road (both sides) between its junctions with Whiston Road and Cremer Street</p> <p>In the Royal Borough of Greenwich Blackwall Lane (both sides) between its junctions with Woolwich Road and Salutation Road</p> <p>In the London Borough of Newham Royal Albert Way (southside) between its junctions with Gallions Roundabout and Royal Albert Roundabout</p>

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WALTER JOSEPH FUERY (Deceased)
Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 162 Washington Road Worcester Park Surrey KT4 8JJ, who died on 28/06/2015, are required to send particulars thereof in writing to the undersigned Solicitors on or before 02/10/2015, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

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JOHN MICHAEL GALE (Deceased)
Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 97 Somers Avenue Chessington KT9 1PS, who died on 06/02/2015, are required to send particulars thereof in writing to the undersigned Solicitors on or before 02/10/2015, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

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Contents

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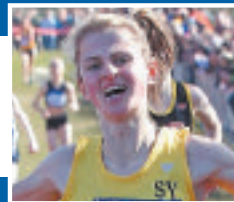
Law puts in the hard yards in Sweden

Kingston & Polytechnic Harrier Phoebe Law will chalk her European Junior Championships distance debut down to experience.

The 18-year-old, right, clocked 17 minutes 8.98 seconds to finish 14th in the women's 5,000m race at

Eskilstuna in Sweden on Sunday. Surbiton High School student Law, one of three British athletes in the field, had qualified for the championships by clocking 16:32.61 to finish 16th at the BMC Grand Prix meeting at Sportcity in May.

More sport: kingstonguardian.co.uk



MULTI-TALENTED: Kingston's Earley in no rush to specialise

Still happy to multi-task

SPORTS EDITOR
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Kingston & Polytechnic Harrier Pippa Earley may have found a new technique to beat her pre-race nerves, but it is certain she is not standing still on her route to the top.

The 14-year-old Notre Dame School student clocked 10.9 seconds – a new championship record – to claim the U15 girls' 75m hurdles English Schools' gold medal in Gateshead earlier this month.

The time fired her to the top of the UK rankings in the event.

It comes in stark contrast to last year's championships, when Earley took a tumble in her semi-final to clock 13.20secs in finishing sixth and miss out on a shot at the title.

But armed with a new strategy to tackle her nerves, she was always confident of doing herself justice – although the manner of the victory came as a surprise.

"It feels great to be champion. It hasn't really sunk in yet," she said.

"I knew it would be close, but I thought I had an opportunity to do well."

"Last year I fell over in the semi-final. I hadn't slept well the night before because I was so nervous."

"This time I knew I just had to lie still in bed and I would go off to sleep."

"Last time I was just panicking all night and never slept."

Earley, who lives a stone's throw from Kingsmeadow stadium, only started concentrating on her athletics three years ago, having first taken up gymnastics at Tolworth Gym Club.

She now tops the UK rankings in hurdles, long jump



Time is of the essence: Kingston's Pippa Earley, right, reckons she has conquered her pre-race nerves after claiming the U15 girls' English School' 75m hurdles title earlier this month

and pentathlon and she is in no rush to specialise just yet.

"I was only really training once a week at athletics when I first joined the club because I was doing five sessions a week in gymnastics," she added.

"The gym club taught me the discipline you need to be successful."

"Once my coach saw how well I was doing at the long jump and hurdles, he encouraged me to concentrate a bit more."

The hurdles is my favourite event, but I think I'm strongest in the multi-events disciplines. Hopefully,

I'll be a bit like Jessica Ennis-Hill one day."

Surrey, overall team champions last year, won the junior girls' group A Championship Shield and were second in the junior boys' and intermediate girls' competitions as they collected 293 points from 100 finals to finish second in the Broadbridge Trophy.

Essex, runners-up last year, were champions with 301.50 points and Kent finished third (289) – as they did last summer.

Up next for Earley are the English Schools' pentathlon championships, the South of England Inter Counties

Championships and the defence of the England Athletics Championships U15 girls' 75m hurdles title she won in Bedford last year.

And while she is aware there is work to be done, she knows help is close at hand in the form of Kingston & Polytechnic Harriers' general secretary Dominique Blaize.

"My high jump needs work, but Dominique was a good multi-eventer when she was younger and that was one of her strongest events," added Earley.

"It is good to know there is advice there when I need it and I will definitely be talking to her about it."



Back in the fold: Ks defender Max Hustwick in action against Chelsea

Hustwick always a K

Boss Tommy Williams was always confident defender Max Hustwick would return to Ks, writes Stuart Amos.

The elegant defender slipped into the Kingstonian back four like he had never been away in last Monday's 1-0 defeat to Chelsea.

"Max went to Hampton last season and, for one reason or another, spent some time out of the game," said Williams.

"I've known him since we played together here at Ks and I've always kept in touch."

"He is someone I've always rated and know what he can bring to the group."

"He looks after himself so it was never going to be a problem bringing him back in to the squad."

Ks, who are running the rule over Walton Casuals pair Meyrick James-Lewis and Malik Ouani, drew 0-0 at Hastings United on Saturday ahead of Tuesday's visit of League One Millwall.

Boss Williams' men will start their quest for Ryman Premier League promotion with a trip to Leiston on August 8, before hosting Leatherhead (Aug 10) and Met Police (Aug 15) in the first week of the campaign.

The club has confirmed 197 Early Years Nursery as their new first team and academy sponsor.



Spinner: Giles Puckle

Malden left to rue Camberley defeat

Malden Wanderers skipper James Wackett was left to rue an afternoon of missed opportunities as his team suffered a four-wicket defeat at Camberley on Saturday, writes Steven Morgan.

Wanderers, now sixth in Surrey Championship Division One, reached 83 for two thanks to Will Sabey (36) and Alex Butler (42) before the pair – and in-form Cil van der Merwe, out second ball – were dismissed to leave them floundering at 96 for five.

Wackett (33) and Alex Redmayne (31) repaired the damage, adding 52 for the sixth wicket, but the last three men fell for 14 to leave Camberley chasing 208.

An opening stand of 105 between skipper Max Shoveller and Todd Hutcheson – the former dominating with 74 from just 65 balls – laid a good platform for the hosts, and despite the best efforts of Giles Puckle (4-64) and Will Riley (2-34) Camberley reached their target with two

balls of the 49th over to spare.

"We paid for the inability of four of our top seven – including me – to turn 30s into a match-winning knock," said Wackett.

"Our score was always going to be hard to defend on a wicket that had flattened out during the day. We were never really close after Shoveller's excellent innings, although Puckle and Riley were the standout bowlers."

Wanderers entertain third-placed Spencer on Saturday.



Wickets: Will Riley

SPORTSbrief

MAIDEN TON: Prince Singh became a member of Chessington cricketing royalty as he notched a maiden first team century on Saturday – aged just 15. Singh smashed 135 not out as Surrey Championship Division Two promotion chasers Chessington posted a formidable 272 for three declared at Purley with the help of skipper James McNeil's 84. But Purley were unmoved in response as they crawled to 224 for six. The result sees Chessington slip further off the promotion pace ahead of Saturday's trip to Esher.

UP FOR IT: Ks goalkeeper Rob Tolfrey is relishing the thought of lining up against League Two landlords AFC Wimbledon next Thursday, July 30. The Dons clash is the Kingstonian hero's testimonial – awarded for his lengthy six-year spell at Kingsmeadow – and the popular shotstopper is hoping for a sell-out. The clash is the last of three high-profile friendlies for Ks, which has already seen Premier League Chelsea and League One Millwall visit Kingston in recent weeks.



PIECES OF EIGHT: Worcester Park bowler Grant Helm was left frustrated by his own batsman at Epsom on Saturday. Helm claimed 8-66 off 21 overs – including the scalp of leading scorer Jon Batley (58), above – to hold the hosts to 200 for nine declared. But Park's runmakers – with the exception of skipper Joe Hill (53) – made a mess of the reply as they struggled to 173 for nine in response. Worcester Park host Purley this week.

PARK REGULAR: Belgrave Harrier Andrius Jaksevicus claimed his ninth Bushy Park parkrun win of the year on Saturday clocking 16 minutes four seconds in the process. Joe Croft set a personal best of 16:15 to finish second, while the first female athlete home was Thames Valley Harrier Tracy Barlow (17:31) on her first appearance at Bushy Park.

ON HIS WAY: Kingston-born footballer Patrick Roberts secured an £8m move from Fulham to Manchester City on Sunday.

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